Christmas Cup
December 10-11, 2011

TWIN CITIES RHYTHMIC

Rhythmic Gymnastics Tournament
“Christmas Cup”

Date: December 10-11, 2011

Host: Twin Cities Rhythmic, Spring Lake Park, Minnesota, USA

Meet Director: Margarita Mamzina

Contacts: 612.423.6617
tcr@tcrhythmic.com

Mailing address: 7455 France Avenue S #101, Edina, MN 55435
GYM Location: 7700 Monroe Street, Spring Lake Park, MN 55432

INVITATION

Dear Friends,

Twin Cities Rhythmic has great pleasure to invite you to take part of the Rhythmic Gymnastics Tournament “Christmas Cup” on December 10-11, 2011. Please find enclosed regulations of the competitions and other necessary information.

We look forward to see you in Minnesota!

DELEGATIONS

Delegation consist of level 3-10 gymnasts, group, coach(s)/judge(s).

Entry fees

Level 3	$40 or $15 per routine
Level 4	$40 or $15 per routine
Level 5	$60 or $20 per routine
Level 6	$60 or $20 per routine
Level 7	$80 or $25 per routine
Level 8	$80 or $25 per routine
Level 9-10	$90 or $25 per routine
Group	$90 or $50 per routine

All entries must be RECEIVED by **November 25, 2011**. Please send registration forms and ONE check per team payable to TCR.

D1/D2 FORMS

Please send 4 copies of D1/D2 forms before December 5th, 2011 to 7455 France Avenue S #101, Edina, MN 55435

MUSIC

All music Must be recorded on CD. Please bring Duplicates of each CD. They must be well identify with gymnast's name, level, club and apparatus.

Technical program by levels

Gymnasts don't have to perform all events
Level 3 – floor, rope, ball
Level 4 – floor, rope, ball
Level 5 – floor, rope, hoop, ball
Level 6 – floor, hoop, ball, ribbon
Level 7 – floor, hoop, ball, ribbon
Level 8 – floor, hoop, clubs, ribbon
Level 9, 10 juniors – hoop, ball, clubs, ribbon
Level 9, 10 seniors – hoop, ball, clubs, ribbon
Beginner group – floor, ball
Intermediate group – floor, hoop
Advance group – floor, rope

Awards

Athletes will be awarded within each level by age division. Award will be given in each event.

Accommodation and transportation

Each delegation is responsible for their own transportation, accommodation and meals.

Schedule

Final schedule of competition will be emailed to all participating teams approximately 2 weeks prior to competition.

Hotels

If any out of state teams are interested to participate in the meet we will send you information about the hotel by email.

2011 Christmas Cup Rhythmic Gymnastics Tournament Registration Form

Team Name_____Club Number_____

Contact Name_____

Contact Phone_____Email_____

Mailing Address_____

List all coaches/judges attending competitions

Name	USAG Pro Member#	Pro Membership Expiration	Safety Certification Expiration	Background Check Expiration

Level 3-4		$40	$15 per routine	
Level 5-6		$60	$20 per routine	
Level 7-8		$80	$25 per routine	
Level 9-10		$90	$25 per routine	
Group		$90	$50 per routine	

Total entry fees_____

Check#_____

2011 Christmas Cup Rhythmic Gymnastics Tournament
Entry Form

Team_____

LEVEL	NAME	BIRTHDATE	USAG#	DIVISION