

Coaches Cup Invitational FIG International tournament

COACHES CUP – will be presented to the coach of the team obtaining the highest combined score of 4 athletes

**March 19
Niagara Falls Tour
A tour of one of the greatest wonders of the World**



**March 17-18
Levels 7- 10
Coaches Cup
Invitational
March 16- levels 4-6**

**Competition Facility:
Women's Building, Syracuse University, NY
Host Hotel:
Sheraton Hotel at Syracuse University,
Syracuse, NY
Contact Information
Meet Director: Elena Savenkova
esavenko@twcny.rr.com**



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ПОВЯЩЕННЫЙ ТРЕНЕРАМ ВСЕЙ АМЕРИКИ

INTERNATIONAL RHYTHMIC
GYMNASTICS TOURNAMENT

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INVITATION

It is with great pleasure that we invite a delegation from your country to attend our Tournament in Rhythmic gymnastics, the **8th Coaches Cup Invitational**, to be held in Syracuse, NY, USA from March 15 until March 20, 2012.

Competition hall: Women's Building at Syracuse University,
820 Comstock Street, Syracuse, NY

Accommodation: Sheraton Hotel at Syracuse University
801 University Avenue Phone: 1-315-475-3000
Syracuse, NY, 13210

For Reservation call 1-800-395-2105 or email: info@sheratonsyracuse.com)

Bookings have to be done through our hotel not central reservations. Indicate that you are with the Gymnastics Group for special rate--\$115.00 per night per room plus tax. Occupancy in Double room - 4 guests, Suites - 6 people+ +, Junior Suites-4+ people (Price for all Suites- \$115+taxes). All rooms are non-smoking. Rollaway beds available upon request. Complimentary garage parking, discount rate for breakfast buffet -\$5.95+taxes, swimming pool.

Important Deadline: Your hotel reservations must be made by February 22nd to qualify for this rate.

Transportation: *Free complimentary shuttle service to and from airport to the Host hotel .
10 minutes walk to competition site from Host Hotel.*





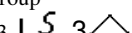





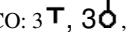

Delegation: Foreign delegation consists of 1 Brevet Level Judge, 1 coach, 4 athletes
(Additional athletes are welcome, but will need to pay a full entry fee- see below).

Costs: Foreign delegations that bring 1 Judge will need to pay \$50.00 Entry Fees for each of their first 4 gymnasts (except \$25.00 fees per person, which will cover temporary insurance for each athlete, coach and judge, required by USA Gymnastics Federation).

Entry for USA/ "extra" foreign athletes: Level 4-\$50, levels 5-6-\$70, levels 7/8 - \$95.00, Levels 9/10-\$105 Group - \$60.00 (per event). Late Fee: \$25.00 per gymnast after deadline date (at sole discretion of Meet director).

Entry Deadline: *Please send ALL the entry forms and fees (make check to USAG NY STATE RHYTHMIC) **BY January 8, 2012** TO:
Elena Savenkova, 4295 Oak Orchard Road, Clay, NY, 13041
For international delegations: all payments are due at the technical meeting prior to the competition*

Categories and Technical program:

Level	Age group	Routines	Technical Requirements	Score calculation :
Level 7	Child –2006-2000; Junior-1999-1997; Senior-1996 and older	4 routines 1) Without Apparatus (FX) 2) Hoop  3) Ball  4) Ribbon 	Maximum 8 difficulties on D1 form: A- F. 2 from each body group. 3 series of Rhythmic steps, 2 different full body waves, 1acro isolated +series of 2 acrobatic elements in a row. ----- Maximum 8 difficulties on D1 form: A- F elements. Hoop-  , 2 from each group Ball- 6 GCO: 3  , max. 2 NGCO free of choice Ribbon- 6GCO: 3  , max. 2 NGCO free of choice	D - max. 4.00 Artistry - max. 4.00 EX- max. 10.00 (D+A+E)= 18.00 MAX. ----- D1 – max. 4.00 D2- max. 6.00 Artistry – max. 3.00 EX – max. 10.00 (D1+ D2 +A+ E)= 23.00 MAX
Level 8	Child –2006-2000; Junior-1999-1997; Senior-1996 and older	4 routines: 1) Without Apparatus (FX) 2) Clubs  3) Hoop  4) Ribbon 	Maximum 9 difficulties on D1 form: A-H. 2 from each body group+1 free of choice. 3 series of Rhythmic steps, 2 full body waves, 1acro isolated +series of 2 acro ----- Maximum 9 difficulties on D1 form: A- H elements Hoop-  , Min. 2 from each group+1 free of choice Clubs-6GCO: 3  , max. 3 NGCO free of choice Ribbon- 6 GCO: 3  , max. 3 NGCO free of choice	D - max. 6.00 Artistry- max. 4.00 EX- max. 10.00 (D+A+E)= 20.00 MAX. ----- D1 – max. 6.00 D2- max. 7.00 Artistry – max. 3.00 EX – max. 10.00 (D1+ D2 +A+ E)= 26.00 MAX
Juniors (levels 9-10)	1999 - 1997	4 routines: <i>FIG program 2012</i>	See FIG Code of Points	See FIG Code of Points
Seniors (levels 9-10)	1996 and older	4 routines: <i>FIG program 2012</i>	See FIG Code of Points	See FIG Code of Points

More explanation for levels 7- 8 Rules could be found on USA Gymnastics website: http://www.usa-gymnastics.org/PDFs/Rhythmic/Junior%20Olympics/JO_Provisional_09.pdf

!!! Please bring with you to judges meeting on March 15th 5 copies of each – “D” form for each routine of your gymnasts!!! Or Mail them to Elena Savenkova by MARCH 8!! NO EXCEPTIONS!!!!

Tentative Meet schedule

- March 15- arrival day for foreign delegations, judges meeting at the Host hotel on the evening
- March 16- free day, NY State competition/Coaches Cup (levels-4-6)
- March 17- opening ceremony, competition (2 apparatus, levels 7-10)
- March 18- competition (2 apparatus, levels 7-10), Gala exhibition, awards ceremony
- March 19- Niagara Falls + Shopping tour for foreign delegations (1 judge, 1 coach, 4 gymnasts- free of charge, additional members of delegation – price for the tour TBA)
- March 20- departure day

We look forward to your participation in our competition!

Sincerely,
Elena Savenkova

Meet Director